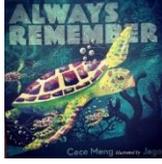
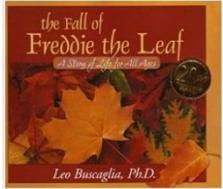
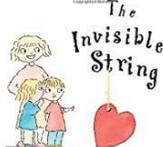
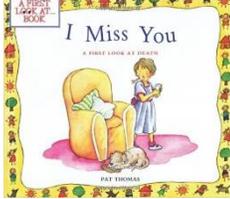
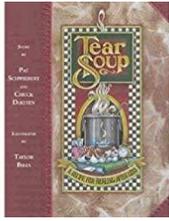
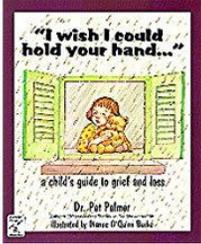
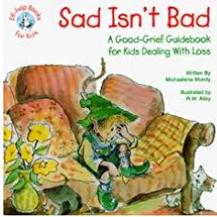
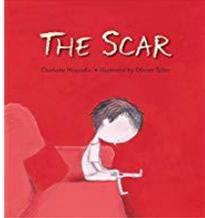
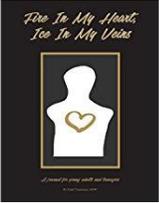
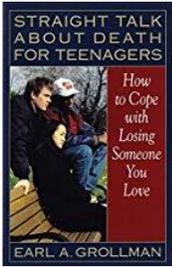
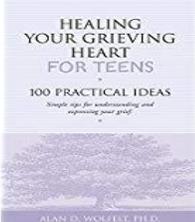


Age & Developmental Level	Books	
Littles	<p><i>Always Remember</i> by Cece Meng is the story of sea friends who remember Old Turtle who has passed away.</p>	
Littles	<p><i>My Yellow Balloon</i> by Tiffany Papageorge is about a boy who loses his beloved balloon and learns to realize what it means when something/someone is gone.</p>	
Littles	<p><i>The Fall of Freddie the Leaf</i> by Leo Buscaglia is a classic story to help kids process death. It uses the life cycle of a leaf to explain the process of life.</p>	
Littles	<p><i>The Invisible String</i> by Patrice Karst is a reassuring book that helps explain that even though we aren't physically with someone, we are connected by an invisible string.</p>	
Littles	<p><i>I Miss You</i>, by: psychotherapist and counselor, Pat Thomas. This book would be ideal for young school-aged kids who are trying to understand what happened to their loved one. The book also explores normal reactions to death and provides a way to talk about their own feelings.</p>	

<p>Middles</p>	<p><i>Tear Soup</i> by Pat Schwiebert and Chuck Deklyen is a very well-known book that helps explain death to children.</p>	
<p>Middles</p>	<p><i>I Wish I Could Hold Your Hand; A Child's Guide to Grief and Loss</i> by Pat Palmer is a comforting book that helps identify the child's feelings.</p>	
<p>Middles</p>	<p><i>Sad Isn't Bad: A Good-Grief Guidebook for Kids Dealing With Loss</i> by Michaelene Mundy is a realistic look at loss with positive coping skills for children.</p>	
<p>Middles</p>	<p><i>The Scar</i> by Charlotte Moundlic is about a little boy responding to his mother's death in a very moving way.</p>	
<p>Middles</p>	<p><i>The Grief Bubble</i>-by Kerry DeBay is a coloring workbook that allows kids to process their grief in an interactive format.</p>	

<p>Teens</p>	<p>Fire In My Heart Ice In My Veins by Enid Samuel Traisman is a journal used by teens to express how they feel about the death of their loved one.</p>	
<p>Teens</p>	<p>Straight Talk about Death for Teenagers by Earl A. Grollman helps teens understand what is normal, what to expect, and tips for coping.</p>	
<p>Teens</p>	<p>Weird Is Normal When Teenagers Grieve by Jenny Lee Wheeler is a book written by a teen who understands what it is like to lose someone.</p>	
<p>Teens</p>	<p>Healing Your Grieving Heart for Teens: 100 Practical Ideas by Alan D. Wolfelt is an easy read that has simple activities to do each day to help make you feel a little better.</p>	
<p>Teens</p>	<p>When a Friend Dies This sensitive book answers questions grieving teens often have, like “How should I be acting?” “Is it wrong to go to parties and have fun?” and “What if I can’t handle my grief on my own?” The advice is gentle, non-preachy, and compassionate.</p>	

<p>Adults</p>	<p>Websites:</p> <p>www.Whatsyourgrief.com is a website which provides resources, suggestions and support about grief.</p> <p>Griefshare.com is a website that helps you find groups to discuss your grief journey with on online seminars.</p>	 
<p>Families</p>	<p>The Dougy Center www.dougy.org is a website which provides family-oriented resources</p> <p>Griefshare.com is a website that helps you find groups to discuss your grief journey with on online seminars.</p> <p>https://www.churchandchapel.com/grief-support/support-group-directory/</p>	  